



We're expecting more than 500 women to attend. If you are interested in being a vendor, please send an email to Kelley.Daspit@iredellmemorial.org.

Day of Dance[®]

FOR YOUR HEALTH

Saturday, February 25, 2012

Bring your friends and family to dance, learn simple ways to stay healthy, enjoy music and participate in health screenings.



Schedule:

8:00 a.m. – 2:00 p.m.	Registration and free health screenings
9:00 – 10:30 a.m.	Catered breakfast with keynote speaker
10:30 a.m. – 3:00 p.m.	Shopping and spa services
11 a.m. – 3:00 p.m.	Dance demos and lessons

Location: Charles Mack Citizen Center, 215 N. Main Street, Mooresville

Breakfast: \$10. Register online or call 704-878-7447.

General Admission: Free, no registration necessary.

Web: www.iredellmemorial.org

More Info:

Door prizes drawn every 15 minutes. First 100 women receive goodie bags with coupons from national & local businesses. Learn how dancing can be fun and heart healthy!



Day of Dance[®] for Your Health is powered by Spirit of Women[®], a national network of hospitals and healthcare providers across the United States that ascribe to the highest standards of excellence in women's health, education, and community outreach.

Good Housekeeping



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